



The 5-Minute Bible Study for the Anxious Heart (Paperback)

By Janice Thompson

Barbour Publishing, United States, 2019. Paperback. Condition: New. Language: English. Brand new Book. Allow God's Word to Soothe Your Anxious Spirit Whether you're a worrier by nature or in a season of anxiety, this book provides simple tools for you to open the Bible regularly and dig into God's Word--even if you only have five minutes! Minutes 1-2: Read a few verses pulled from a lengthier passage. If time allows, read the full passage listed for you in each Bible study. Minute 3: Understand. Ponder thoughtful questions designed to help you apply the verses from the Bible to your own life. Consider these throughout your day as well. Minute 4: Apply. Read a brief devotion based on the scripture you read. Think about what you are learning and how you can apply the scriptural truths to your own life. Minute 5: Pray. A prayer starter will help you to begin a time of conversation with God. The 5-Minute Bible Study for the Anxious Heart will help you establish the discipline of consistent study of God's Word. You will find that even five minutes focused on scripture and prayer has the power to make a huge difference in your daily life--emotionally, spiritually, and even physically. Soon...



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Reviews

A top quality publication along with the font used was intriguing to read. I really could comprehend everything using this written e book. Its been designed in an remarkably straightforward way and it is only after i finished reading through this publication by which basically altered me, modify the way i believe.

-- Cathrine Larkin Sr.

Very useful to all of group of people. I actually have read through and so i am certain that i will planning to study yet again once again down the road. I am just very easily can get a satisfaction of looking at a created book.

-- Mark Bernier