

## Stop Lying: The Truth about Weight Loss . But You're Not Going to Like It. (Paperback)

### Stop Lying



The Truth About Weight Loss  
... but you're not going to like it.

Deborah Nicholson  
Arlene Cox, PhD, RPsych  
Kelly Sullivan, BSc



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### Book Review

This kind of publication is almost everything and taught me to seeking forward and more. Better then never, though i am quite late in start reading this one. You can expect to like the way the blogger compose this publication.  
(Reanna Huel)

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