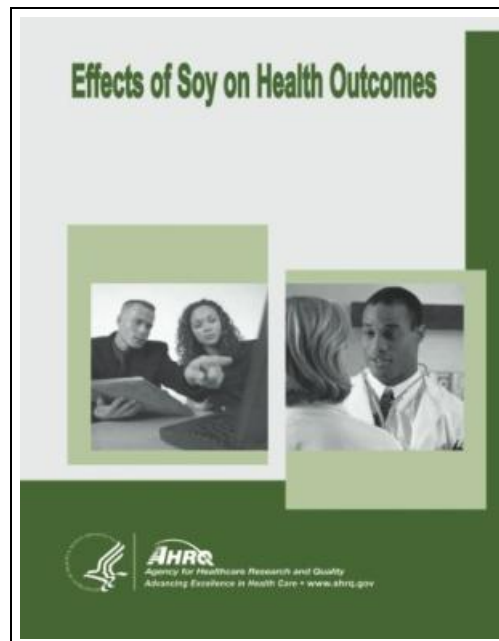


Effects of Soy on Health Outcomes: Evidence Report/Technology Assessment Number 126 (Paperback)



Filesize: 7.22 MB

Reviews

The most effective pdf i ever read. it absolutely was writtern extremely flawlessly and useful. I am very easily will get a pleasure of reading through a published book.

(Prof. Vidal Ledner)

EFFECTS OF SOY ON HEALTH OUTCOMES: EVIDENCE REPORT/TECHNOLOGY ASSESSMENT NUMBER 126 (PAPERBACK)



Createspace Independent Publishing Platform, United States, 2014. Paperback. Condition: New. Language: English. Brand new Book. The aims of this evidence report are to summarize the current evidence on the health effects of soy and its isoflavones on the following: cardiovascular diseases, menopausal symptoms, endocrine function, cancer, bone health, reproductive health, kidney diseases, cognitive function, and glucose metabolism. In addition, safety issues and drug interactions of using soy and its isoflavones, as reported in the literature, are summarized. This report also summarizes the formulations of soy products and/or soy food used in clinical trials. The report was requested and funded by the National Center for Complementary and Alternative Medicine (NCCAM) and the Office of Dietary Supplements at the National Institutes of Health (NIH) and was conducted through the Evidence-based Practice Center (EPC) program at the Agency for Healthcare Research and Quality (AHRQ). There is increasing interest in soy and health since the U.S. Food and Drug Administration approved a health claim in October 1999 for use on food labels stating that a daily diet containing 25 grams of soy protein, also low in saturated fat and cholesterol, may reduce the risk of heart disease. This claim was based on the beneficial results in reducing plasma low-density lipoprotein (LDL) levels from dozens of human controlled clinical trials. The health claim, however, covers only soy protein, since research results surrounding soy isoflavones were controversial. This report summarizes the current evidence on the health effects of soy and its isoflavones. Five general questions are addressed in this report: 1. In the clinical trial literature, what formulations of soy were used? At what dose? For what purpose(s) (e.g., trial endpoints)? 2. Does current clinical trial evidence indicate that whole soy products and individual constituents of soy have an effect on: a. Cardiovascular events, risk factors,...



[Read Effects of Soy on Health Outcomes: Evidence Report/Technology Assessment Number 126 \(Paperback\) Online](#)

[Download PDF Effects of Soy on Health Outcomes: Evidence Report/Technology Assessment Number 126 \(Paperback\)](#)

You May Also Like

**Genuine new book Essentials of Leadership: Principles and Practice (4th Edition) (U.S.) Shiliboge. (U.S.(Chinese Edition)**

paperback. Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date :2012-05-01 Pages: 280 Publisher: Welcome to Our Publishing House of Electronics Industry....

[Read](#) [Document](#)

»

**Ross and Wilson Anatomy and Physiology in Health and Illness (Paperback)**

Elsevier Health Sciences, United Kingdom, 2014. Paperback. Condition: New. 12th Revised edition. Language: English. Brand new Book. Ross and Wilson has been the number one choice for over a million students since it first published,...

[Read](#) [Document](#)

»

**Coloring Book: All the Places to Go! (Paperback)**

Independently Published, United States, 2019. Paperback. Condition: New. Language: English. Brand new Book. This coloring book is basically a retelling of the timeless adventure in Dr. Seuss's perennial children's literature, "Oh, the Places You'll Go!"....

[Read](#) [Document](#)

»

**Simon And The Bear: A Hanukkah Tale (Hardback)**

Disney Publishing Worldwide, United States, 2014. Hardback. Condition: New. Language: English. Brand new Book. Before Simon sails to America, he promises his family that he will get a job and send for them. Simon's mother...

[Read](#) [Document](#)

»

**SAS and Elite Forces Guide Prisoner of War Escape & Evasion: How To Survive Behind Enemy Lines From The World's Elite Military Units (Paperback)**

ROWMAN & LITTLEFIELD, United States, 2012. Paperback. Condition: New. Language: English. Brand new Book. The POW How To Escape Handbook covers everything you need to know about making a successful return to friendly territory. Beginning...

[Read](#) [Document](#)

»